

WALK2FIT

WAIVER FORM

Name: _____ Date of Birth (>18) _____

Address: _____ City/State: _____

Zip: _____ Primary Phone Number: _____ How did you hear about Walk2Fit: _____

*Email/Login: _____

*YOUR WALK2FIT ACCOUNT Password: _____ *needed to access your account online

EMERGENCY CONTACT: _____ PHONE NUMBER: _____

ASSUMPTION OF RISK, WAIVER, AND RELEASE

By signing up for and/or attending classes, events, activities, and other programs and using the premises, facilities and equipment, or any other location or venue where Persis LLC is providing services (individually and/or collectively, the "Classes and Facilities") of Persis LLC. and its subsidiaries (collectively, "Walk2Fit"), I hereby acknowledge on behalf of myself, my heirs, personal representatives and/or assigns, that there are certain inherent risks and dangers in indoor walking and related activities such as running, trekking etc. in a treadmill called "Maxerrunner" and exercise equipment in association with the Classes and Facilities. I acknowledge that some of these risks cannot be eliminated regardless of the care taken to avoid injuries. I also acknowledge that the specific risks vary from one activity to another, but range from (1) minor injuries such as scratches, bruises, and sprains; (2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions; and (3) catastrophic injuries including paralysis and death. I have read and thoroughly understand the Walk2Fit Safety Instructions that are posted on Walk2Fit website (www.walk2fitusa.com), a hard copy of which was also provided to me by the Walk2Fit staff. At all times, I shall comply with all stated and customary terms, posted safety signs, rules, and verbal instructions given to me by staff. If in the subjective opinion of the Walk2Fit staff, I would be at physical risk participating in Walk2Fit Classes, I understand and agree that I may be denied access to the Classes and Facilities until I furnish Walk2Fit with an opinion letter from my medical doctor, at my sole cost and expense, specifically addressing Walk2Fit's concerns and stating that Walk2Fit's concerns are unfounded. In consideration of being allowed to participate in and access the Classes and Facilities, I hereby (1) agree to assume full responsibility for any and all injuries or damage which are sustained or aggravated by me in relation to the Classes and Facilities, (2) release, indemnify, and hold harmless Walk2Fit, its direct and indirect parent, subsidiary affiliate entities, and each of their respective officers, directors, members, employees, representatives and agents, and each of their respective successors and assigns and all others, from any and all responsibility, claims, actions, suits, procedures, costs, expenses, damages, and liabilities to the fullest extent allowed by law arising out of or in any way related to participation in the Classes or use of the Facilities, and (3) represent that I (a) have no medical or physical condition that would prevent me from properly using any of Walk2Fit's Classes and Facilities, (b) do not have a physical or mental condition that would put me in any physical or medical danger, and (c) have not been instructed by a physician to not participate in physical exercise. I acknowledge that if I have any chronic disabilities or conditions, I am at risk in using Walk2Fit's Classes and Facilities, and should not be participating in any Classes.

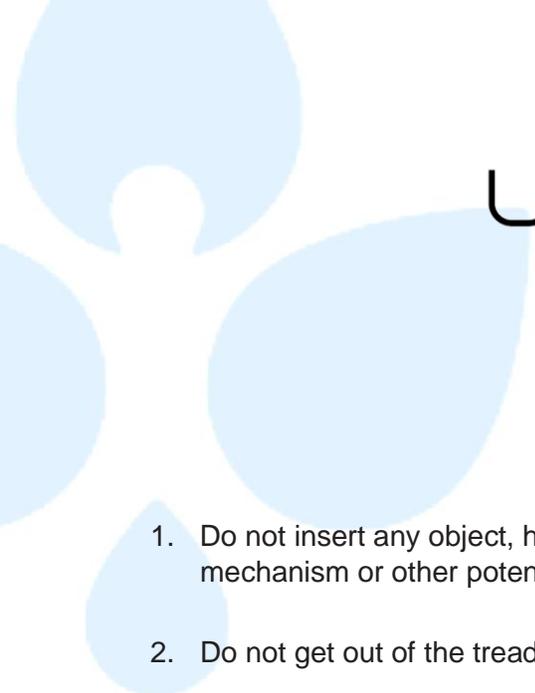
I have read this Assumption of Risk, Waiver, and Release Agreement, fully understand its terms, and understand that I am giving up substantial rights including my right to sue Walk2Fit under certain circumstances. I acknowledge that I am signing this waiver freely and voluntarily. The term of this waiver is indefinite.

VALUABLES AND PERSONAL PROPERTY: I acknowledge that I have been urged to avoid bringing valuables onto the Facilities and that Walk2Fit shall not be liable for the loss of, theft of, or damage to my personal property, including items left in lockers, bathrooms, studios, or anywhere else in the Facilities. I acknowledge that no portion of any fees paid by me is in consideration for the safeguarding of valuables.

ETIQUETTE: To preserve the Walk2Fit image, I agree to abide by Walk2Fit's etiquette guidelines found on Walk2Fit studio walls and on Walk2Fit's website (www.walk2fitusa.com). Walk2Fit reserves the right to deny access to any person Walk2Fit deems to be acting in an inappropriate or unsafe manner.

Signature: _____ Date: _____

PLEASE SIGN THE 2ND PAGE AS WELL >>>>>



WALK2FIT

SAFETY INSTRUCTIONS

1. Do not insert any object, hands or feet into any openings, or expose hands, arms or feet to the mechanism or other potentially moving part of the treadmill.
2. Do not get out of the treadmill, neither jump out of it, until is fully stopped.
3. The class require attention, do not get distracted as injures can occurred if not concentrated on the class work out.
4. After exercising clean the treadmill with the products supplied by Walk2Fit.
5. If at any time you feel dizzy or have difficulty breathing, gradually stop walking and carefully step down the treadmill.
6. Listen to your body, walk at your own pace, and set your goals at the level that feels right for you.
7. Keep children and pets away from the treadmill whenever it's in use.
8. Stay hydrated. Drink water throughout your exercise as needed.
9. Stay in control by been concentrated and start at a slow pace before increasing your work out performance.
10. Focus on form, posture and breathing correctly.
11. Do not use the "Maxerrunner" without proper footwear (running sneakers). Never operate the treadmill with bare feet unless asked by the instructor.
12. Keep at least 10" on either side of the "Maxerrunner" clear.
13. Act safely so you don't hurt yourselves or others.